



THE NON ARTHROPLASTY HIP SURGERY REGISTER (NAHSR)

The British Hip Society, 35-43 Lincoln's Inn Fields, London WC2A 3PN

UCLA Activity Score

To be completed by patient:

Affix label here:

Or provide:

Patients name:

Date of Birth:

NHS Number:

Side: **L** **R**

Date:

Daily Activity Level

Describe your normal activity level.

- Wholly inactive, dependent on others
- Mostly inactive or restricted to minimum activities of daily living
- Sometimes participate in mild activities
- Regularly participate in mild activities
- Sometimes participate in moderate activities
- Regularly participate in moderate activities
- Regularly participate in active events (Cycling)
- Regularly participates in active events (Golf + Bowling)
- Sometimes participates in impact sports
- Regularly participates in impact sports

What level of pain do you experience on a daily basis?

- All the time - Unbearable
- All the time but bearable : Strong medication occasionally
- None or little at rest : Pain with activities
- Only when startled : Then better, or after certain activities
- Occasional and slight
- None

What best describes your ability to walk on a daily basis?

- Bedridden
- Wheelchair (transfer with walker)
- Markedly restricted : No support about the house
- Moderately restricted : No support for < 1 block
- Mildly restricted : Limp with no support
- Unrestricted : No support or appreciable limp

What level of function do you have on a daily basis?

- Completely dependent and confined
 - Partially dependent
 - Independent
 - Performs most functions
 - Very little restriction
 - Normal activities
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